

HEALING

From £75.00

Laying beneath light material in a comfortable position, travel this journey of healing focused on specific areas of discomfort discussed. This healing session assists in relieving elements of physical and emotional stress.



- Eye coverings
- Crystal & Tibetan Singing bowls
- Tuning forks
- Vocal harmony
- Minimal touch where appropriate
- Session notes

Merging frequencies using the voice, therapeutic instruments both on the physical body and around the body in the auric field to deliver direct vibration where needed.